



Kathy Corey

Kathy Corey, PMA[®]-CPT, is a Master Teacher who began her career with the Pilates Technique in 1979. She has been considered a leading expert in the Pilates community for 44 years. She is the Director of Kathy Corey Pilates whose programs are taught at locations across the United States and in over twenty countries worldwide. Corey is the President and Director of the International Heritage Congress held in Joseph Pilates hometown of Monchengladbach, Germany and is the President of the World Pilates Confederation, an international organization to promote Pilates world-wide.