



Lori Coleman Brown

Lori has over three decades of Pilates teaching experience and is currently Director of Education at Atlas Pilates in Seattle. She develops next-generation Pilates instructors through her comprehensive teacher training program, mentors experienced Pilates instructors and maintains a weekly clientele. She was handpicked by Elder, Romana Kryzanowska as Level II Teacher Trainer, a post she held for over 10 years. Highly regarded for her refined skills, open approach, and commitment to the integrity of the work, she is sought-after by Pilates studios and conferences around the world.