

An educator for over 35 years, Nancy holds a BFA in Dance and a Master's in Education. Nancy is certified through Peak Pilates®, The Pilates Method Alliance, and The PilateSystem®. She has also studied with Pilates Elder Lolita San Miguel's earning her the title of a Lolita San Miguel Master Teacher™ and originally trained with PMA co-founder Colleen Glenn. Additionally, Nancy was certified in Gyrokinesis™, The Gyrotonic Expansion System®, Pilates for Golf. And is listed in Who's Who among America's Teachers .

Nancy has been a Peak Pilates® Master Trainer for over 20 years, was a member of the Peak Pilates® Leadership Team and a PMA CEC provider. She is the Director and Owner of The Austin Pilates Barn, creator and curriculum developer of DMI-MPT™, and teaches workshops and trainings in Austin, throughout the US and has had the pleasure of sharing her work with trainers around the world.

Her Passion is bringing the joy and health benefits of movement to a wide variety of people. Nancy has worked with populations ranging from athletes to re-hab, youth to elders, and novice to advance. She strongly believes in the success of every "body".